

use it in the right way

Medicine can be an incredibly valuable way of preventing and curing illnesses.

When it is not used in the right way, it can lose some of its effectiveness and even be harmful to your health.

All medicine has its risks and can cause side effects, or have adverse or unexpected consequences. These risks rise when medicine is not used in the correct way.

**USE MEDICINE PROPERLY.
YOU BENEFIT FROM IT AND WE ALL
BENEFIT FROM IT.**



www.medicamentosnosonunjuego.es



Medicine **NOT TO BE TAKEN LIGHTLY**

Medicine is useful when necessary, but if you use it in the wrong way it can do you more harm than good.

Don't take any risks.



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Medicine

NOT TO BE TAKEN

LIGHTLY

When used in the right way, medicine can be useful and help you recover from health problems.

However, for it to be successful, you need to be properly informed of the medicine you are taking and the guidelines you have to follow (dose and duration).

ALWAYS ASK YOUR DOCTOR OR CHEMIST FOR INFORMATION. READ THE LEAFLET.

- Tell your doctor what medicine you are taking so as to avoid interference.
- Don't leave your appointment until you are sure you have understood everything about your treatment.
- Follow your doctor's instructions.
- Always read the patient information leaflet before using the medicine. The leaflet is there for you.
- Do not stop your treatment without first talking to your doctor.
- If you have any questions after you are given your medication, speak to your chemist.

The more information you have, the better position you are in to avoid mistakes and look after yourself.

PRESCRIPTION BY ACTIVE INGREDIENT.

Medicine contains substances known as 'active ingredients'. These are what give it its therapeutic effects.

- Prescription by active ingredient' guarantees safety, quality and effectiveness in all medicine.
- This prescription includes all medicine with the same composition, including both branded and generic drugs.

TAKING MEDICINE IS NOT A GAME.

- Taking medicine prescribed to another person is dangerous, as is sharing with others medicine prescribed to you.
- Because it did you good once does not mean it will do the next time.
- No medicine is completely harmless

DON'T ACCUMULATE MEDICINE.

- Your house is not a chemist's. Don't accumulate unused and unnecessary medicine.
- You cannot keep all medicine under the same conditions.
- It is dangerous to accumulate medicine for two reasons: It may not be properly stored, and it may go out of date.

When used properly, medicine can be very useful in curing illnesses. Otherwise, it may put your health at risk.

